



CIL MATTERS NEWSLETTER

August 2019
Issue 23

This newsletter reflects the diverse views
of Merton CIL Members and Supporters

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1. The Merton CIL Update

Message from the CEO



Dear Members and Supporters,

I'm Tom Lichy, the new CEO of Merton CIL. I'm honoured and excited to be starting work here, and it will be a pleasure to meet you all. You can read more about me here - <https://bit.ly/2IIUVq0>.

I joined Merton CIL because I've always heard such great things about Merton CIL and the work it does. I'm so happy to be a part of an organisation with such strong community values, and to join you in your work of making a difference in Merton and the wider community.

Following your feedback at My Voice Matters, we will be developing an Independent Living Toolkit over the next few months. We would love to have input from you, our members and supporters. Please look at page 13 to find out how you can get involved.

I'd like to invite you to join me at Craftivism and Chat this Thursday (5th September 2019) from 1-4pm. I'd love to meet as many members and supporters as possible. There's more information about this month's group on page 18.

I'm looking forward to working together with you, our valued members and supporters, to fight for the rights of Deaf and Disabled people - in Merton and beyond!

Tom Lichy – CEO of Merton CIL

Merton CIL will be leaving Worsfold House/ Wandle Valley Resource Centre

For over 5 years, Merton CIL has called Worsfold House (better known as Wandle Valley Resource Centre) home. On Nov 30th 2019, this will come to an end as Merton Council have decided to dispose of Worsfold House.

On Monday 15th July, our Policy and Strategy Manager Michael and Trustees Estifanos and Sarah, attended a cabinet meeting to highlight the importance of the building to Merton CIL and the local community. As well as, the impact of the disposal on our organisation. We carry out our services and activities from Worsfold House and losing a base for our office creates significant uncertainty for us.



Unfortunately, the council have decided to go ahead with the disposal of Worsfold House. Merton Council have been helpful and are supporting us to identify suitable properties in Merton.

Merton CIL needs your help to fundraise for our relocation

Following cuts to our funding and rising demand for our services, this year more than ever we need you to help with raising money to keep our important work going! The money that you help us to raise over the next few months will go towards helping us relocate offices and continuing to provide services to local Deaf and Disabled People. You can get involved with fundraising in lots of different ways.

1. Share the link to our fundraising page on your social media platforms – <https://www.wonderful.org/charity/mertoncentreforindependentliving>
2. We recently ran fundraising campaigns over Valentine's day and Easter. We had lots of support on social media and over the past few months we have raised over £300! Please support us by helping us promote campaigns through sharing and retweets.

3. Volunteer to help out with a fundraising stall - You can also help by donating your time to volunteer and help out with one of our pop-up stalls across Merton.
4. Do something fun with your colleagues/friends/family/clubs to raise money to support Merton CIL. Get some inspiration here - <https://www.mertoncil.org.uk/about-us/donate-to-merton-cil/>

If you would like to get involved and help us raise some money please get in touch on 0203 397 3119 or email info@mertoncil.org.uk. If you need support to do so please also get in touch to discuss how we can help.

Changes to Services Provided at Merton CIL

Following cuts to our funding, we have reduced the services that we provide. We are no longer able to provide Advice around housing or health. If you contact us and need support, we will try our best to signpost you to an organisation that can help. We now only provide support and accept referrals on issues relating to Benefits, Community Care and Disability Hate Crime.

Bricks, mortar and independent living - Merton CIL review of housing for Deaf and Disabled people

Merton CIL has started a review of housing for Deaf and Disabled people in the borough and we want to hear people's views and experiences.

'Housing is a big issue that is affected by a range of factors,' says Merton CIL Policy and Strategy Manager Michael Turner. 'Having the right home is an essential foundation for independent living and helps reduce the need for other types of support.'

The review will focus specifically on local issues and those that have local solutions and will be based on the belief it is local Deaf and Disabled People who can best recommend approaches and solutions.

We've already been looking at lots of different issue like medical assessments for people going on the waiting list for housing, applying for Disabled Facilities Grants and getting adaptations, getting repairs done and issues for Disabled people who face eviction. We also think it's really important to look at Deaf and Disabled People having more of a voice in housing services.

☎ 020 3397 3119

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We also hope that this report will help to evidence the need for our Disability focused housing advice service.

We would like to hear about your views and experiences of housing. You can get in touch by emailing strategy@mertoncil.org.uk

One year of Craftivism and Chat



Can you believe it has been one year since we launched Craftivism and Chat? Me either. What a year it has been. The group has gone from being a mere idea that our monitoring and evaluation group developed to something that our members, supporters and the local community are proud to be a part of.

Our members and supporters have decided what was discussed. They have had creative space. And, they have had the opportunity to be supported to get involved in local decision making. Craftivism and Chat attendees responded to 11 consultations.

Example: Craftivism consultation response on the proposed straw ban

In Sept 2018, our members got together to respond to the proposed straw ban. Members talked about how straws were essential for access and independence for Disabled People who need them. Some members voiced their frustration at how they feel invisible in the debate on plastic. In summary, we said we want to save the environment too, but, please don't ban plastic straws until there is a real alternative (there isn't one yet), because some Disabled People need them to drink.

This response also led to Merton CIL being invited to share our views at a Merton Council Task Group on single use plastics, we hope we did justice to our members' views. You can read more on our website - <https://bit.ly/2Y0tJTG>

Our Craftivism and Chat sessions are fun and friendly. All sessions are developed to help reduce social isolation and loneliness in a relaxed way. Craftivism

volunteers support newer members to feel welcomed and confident. We are also keen for people to host supported craft or chat sessions. If this interests you please get in contact to discuss how we can work together.

"The group has helped with my wellbeing. It is helping me cope with my anxiety"

100% of attendees over the past year have rated the group good or great

35 unique individuals got involved at Craftivism and chat.



You can see some of the art created at Craftivism and Chat on page 26

We asked what you thought of the group and listened to your concerns. Over the next year there will be small changes to the group, which we will let you know about. If you have any concerns or compliments that you would like to share please email info@mertoncil.org.uk

My Voice Matters 2019: We can do this together! Update



On June 25th 2019, Merton CIL held its annual event 'My Voice Matters' at the New Horizons Centre in Mitcham. Deaf and Disabled People came together with the local community to talk about what we need to live an independent life.

Volunteers, Members and service users, shared their views, explaining why having choice and control, feeling confident and feeling connected was so important in helping them live independent lives.

Merton CIL service user Chris Bull said:

“Accessing services and activities in Merton, stops me feeling isolated and builds my confidence. Having the choice and control to do things like drive a car, when I want, is so important. It makes me feel like I have my mobility back”.

Local organisations such as Wimbledon Guild, Carers Support Merton, Wimbledon Midwifery District Nurses Benevolent Society, Job Centre Plus, Polka Theatre and more came along to engage with Deaf and Disabled People. They shared what services they could offer and how Deaf and Disabled People could get involved and feel connected in Merton.

Sarah Henley, Member and Trustee said that she feels ‘angry, frustrated and as though she does not matter’ when the tools for her to live an independent life are not



put in place. However, Sarah having choice and control has allowed her to visit the set of her favourite soap Emmerdale and to go skiing.

Merton CIL knows how important community connections are and is keen to support Deaf and Disabled people get connected and involved in the local community. We will use the information

gathered at My Voice Matters 2019, to help feed into our independent living toolkit, which we are co-producing with our members.

Staff from Sainsburys Local in Morden volunteered at the event. They helped to host a raffle which included a £20 gift voucher from Sainsburys, and a donated Flower from Gardenia of London in Wimbledon Village.

We also said a huge thank you and farewell to Lyla (CEO).

You can watch snippets of the speeches, listen to the audio and see pictures from the



event here - <https://www.mertoncil.org.uk/getting-involved/events/my-voice-matters-2019/>

If you were unable to make it on the day and would like to tell us why having confidence, feeling connected and having choice and control are important in helping you live an independent life, please email info@mertoncil.org.uk

Thank you to everyone who came along on the day!

Hold the Date – Annual General Meeting 2019

This years annual general meeting will be held on **Wednesday 6th November 2019 from 11am until 1pm at The Morden Assembly Hall, 228 Tudor Dr, Morden SM4 4PQ.**

Following formal business we will also have a short event. We are currently planning what this will look like. We will keep you updated.

2. News

Things that we need to know about Brexit

There's obviously lots of different news and information about Brexit and what might or might not happen.

Merton CIL does not want to add to any of the uncertainty or worry but we did want to point out two things that members may want to be aware of.

Some of our members are people who have come from EU countries to live in the UK. They will need to apply for settlement in the UK to carry on living here and have access to services like the NHS.

You do this online here:

<https://www.gov.uk/settled-status-eu-citizens-families/applying-for-settled-status>

You can also apply using an app on a smartphone or tablet.

If you have difficulties with any part of the application, you can get help from the South West London Law Centre – Merton & Sutton. They are part of a network of law centres that has been funded to support people to apply.

You can contact them via telephone - 020 8767 2777, email - info@swllc.org or visit their website <http://www.swllc.org/>

The Royal Association for Deaf People has also been funded to give assistance to people with hearing impairments. You can contact them via telephone - 0300 688 2525, email - info@royaldeaf.org.uk, or visit their website <https://www.royaldeaf.org.uk>

The government has funded a range of organisations to support people from different countries and different communities to apply for settlement status. The full list is online here:

<https://www.gov.uk/government/publications/eu-settlement-scheme-community-support-for-vulnerable-citizens>

Anyone who uses direct payments or their own funds to employ personal assistants (PAs) may also need to think about the settlement status of anyone who they employ. If any of your PAs or anyone else you pay to help you has to come to live in the UK from an EU country, it is worth checking that they have applied for settlement, so they can continue to work for you.

Merton CIL is not allowed to give people help or advice about applying for settlement. Only organisations meet rules set down by the government can do this.

Whatever does or doesn't happen with Brexit in the coming weeks or months, it's worth sorting these things out to avoid possible problems.

News Shorts

Have your say on community safety in Merton!

Safer Merton is a partnership of agencies that work together to reduce crime, anti-social behaviour and drug and alcohol misuse in the London Borough of Merton. Each year they review what is important to those who both live and work in Merton to help inform and direct their work. Please tell them what is important to you in keeping Merton safe by completing the following survey. Please provide general information rather than information about specific addresses or individuals.

<https://www.merton.gov.uk/communities-and-neighbourhoods/crime-prevention-and-community-safety/safer-merton-consultation>



Wimbledon Guild's Warm and Well Programme

Are you prepared for cold weather?

The Warm & Well in Merton campaign is raising awareness of the importance of preparing for winter and giving you support on how best to stay warm and well.

How we can help:

☎ 020 3397 3119
✉ info@mertoncil.org.uk
🌐 www.mertoncil.org.uk

🐦 @MertonCIL
📘 Mertoncil
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1. Information and advice

Age UK Merton are on hand to provide you free, confidential advice on pensions, welfare benefits, social care, health, housing, transport and more.



2. Warm & Well pack

Our Warm & Well pack will provide you with tips on how to keep warm and well in winter and information regarding local activities, lunch and social clubs available near your home.

3. Financial support for individuals

Wimbledon Guild can provide grants for items people in Merton desperately need such as fuel costs, food, warm clothing, bedding etc when they have exhausted all other avenues of help.



4. Information for organisations working with people at risk

We can hold Warm & Well talks, engagement activities and advice clinics for organisations. Please let us know if you are a member of a community group that would benefit from this.

Wimbledon Guild and Age UK will be giving a Warm & Well talk during Craftivism and Chat on Thursday 5th September, 1pm-4pm at Wandle Valley Resource Centre. For more information on the support available to keep warm and well, please call either Wimbledon Guild: 0208 946 0735 or Age UK Merton: 020 8648 5792



3. Your Views

Have your say and help us develop our Independent Living Toolkit

When we co-produced our 2018-23 strategy with members, we were asked to develop an Independent Living Toolkit. So, at My Voice Matters 2019, we asked members to help build on that idea and tell us what an Independent Living Toolkit would look like. It is important to us to support local Deaf and Disabled People to live the independent lives they want and we are keen to work with our members to develop a range of tools and activities.

At our Independence event in 2016, our members told us what independence really meant to them. Please see poster below which highlights key points that were raised. These were: freedom, independence, choice and control, being unique, connection, confidence, money and support.



At My Voice Matters 2019, we introduced the idea of developing an Independent Living Toolkit that would aim to help support local Deaf and Disabled People to live the independent lives they described. We are keen to do this by working with our members to develop a range of tools and activities.

If you would like to get involved please email info@mertoncil.org.uk

Let's speak up about access

We are keen to support our members to engage with venues that are not accessible. These could include spaces like polling stations, leisure centres, libraries, activity spaces, shopping centres and more. One of our members attended a concert at the O2 and was faced issues around access. Please read her story below.

I was excited to finally be attending a concert that I had waited 6 months to attend. However, it was a day that my hyper mobility was playing up. When I arrived, we were faced with a rather long que. I did not initially think that the que would be a problem as I had concession seating due to my Disability.

After a few minutes of standing in the que, staff began to walk along the lines and picked out those in wheelchairs. These individuals were then taken straight through to the front before the gates would open for anyone.

I felt as though this was wrong. I complained on the grounds of discrimination of invisible Disabilities. I was just as entitled to be taken out of the que and through before the rest of the crowd entered but because the staff at the O2 could not see my Disability I was left behind.

My complaint was well received by the team at the O2. They apologised for any inconvenience caused and agreed to educate their staff on different Disabilities.

If you have addressed an access issue with a company or organisation, we would love to hear about it. If you would like support to speak up about an access issue, we can help too. Please get in contact info@mertoncil.org.uk

Accessible activities in Merton

If you are aware of any accessible activities in Merton, we would love to hear from you. We will use your feedback to help us to develop our local handbook of accessible activities.

4. Job Vacancies and Opportunities

Volunteer roles at Merton CIL

We are currently looking for new volunteers to get involved at Merton CIL. We are flexible with when you volunteer and for how long. There are also a number of different volunteer roles that you could sign up to. Please see below:

1. **Admin and reception** – help out on the telephones and with administrative tasks around the office, as well as getting involved with events
2. **Casework support** – help out by supporting the advice and advocacy service with cases. This could involve basic form filing, service user contact and more.

If you are interested in volunteering at Merton CIL, please email info@mertoncil.org.uk and let us know what role has caught your eye, your skills and when you could volunteer. We would then invite you in to have an informal chat.

Join our Monitoring and Evaluation Steering Group

Help us improve our service and join our Monitoring and Evaluation steering group. We developed a user-led group to talk to service users, members, volunteers and staff, to find out how we are doing and help to improve the service. Get in touch to find out more.

Merton Adult Learning – Free Courses

There are a range of courses for adults 19+ with learning difficulties and or disabilities on offer, delivered by RHACC on behalf of Merton Council. Courses are being held in a range of locations in the Merton area.

Click here for more information and to view the new programme designed to develop knowledge, life-skills and an understanding of working life - <https://www.rhacc.ac.uk/sites/default/files/LR%208135%20RHACC%20Supported%20Learning%20course%20guide.pdf>

If you are interested in enrolling on to a course, pop along to an enrolment day to meet the tutors and discuss your specific needs. Please see below for enrolment dates:

Merton Civic Centre | 10am - 4:30pm

Fri 6 Sept

Wed 11 Sep

Mencap Community Cafe, Wimbledon Broadway | 10:30 - 2:30pm

Mon 9 Sep

For more information contact:

email: mertonoutreach@rhacc.ac.uk

phone: 020 8843 7939

Muscular Dystrophy UK - Work Experience Programme

The programme is open to Londoners aged 16 – 30 with any disability; these requirements are set by Muscular Dystrophy UK's funders. Participants will first do a placement in their offices in Southwark within a department they have an interest in. These internal placements can run from 1 week to 6 months depending on the individual. Following this, participants may go on to an external placement with one of their partners which include 20Ten advertising and the Home Office.

Muscular Dystrophy UK are able to cover travel expenses and lunch up to £5 a day as well as the cost of any equipment that is required to make participants fully comfortable and able to achieve their potential. It is a very supported work experience programme. For many of their participants this is their first experience in an office/work environment so they want it to be a positive one.

If you have any questions or need any further information, please contact Emma Vogelmann at e.vogelmann@muscular dystrophyuk.org or on 020 7803 2872

5. Dates for the diary

Craftivism and Chat Group: Sept to Dec

September: Access in Centre Court Wimbledon, Staying Warm and Well and Craftivist Tote Making

Date: Thursday 5th Sept 2019

Time: 1:00pm-4:00pm

Location: Wandle Valley Resource Centre, Church Road, Mitcham, CR4 3BE

Agenda

1:00pm - 1:45pm: Simon Plumb, Centre Court Wimbledon Manager would like your views on access and Disabled Toilets in Centre Court

1:45pm-2:45pm: Wimbledon Guild & Age UK let us know how to stay warm and well this winter

2:45pm-3:00pm – Break

3pm-4:00pm – Craftivist Tote Making - Come along and customise a Merton CIL cotton tote bag with stitched words or fabric pens. You can take your bags away and carry them around with messages or images that will provoke others to think about making change happen or helping Deaf and Disabled People to live independent lives.

October: Hate Crime Awareness Week – What is hate crime, what to report and how, Safer Merton consultation response and Christmas Card Making workshop

Date: Thursday 3rd October 2019

Time: 1:00pm-4:00pm

Location: Wandle Valley Resource Centre, Church Road, Mitcham, CR4 3BE

1:00pm-2:00pm Hate Crime Awareness Week – Have you got any questions about Hate Crime, what you can report and where you can get help? Speak to our Hate Crime Caseworker Lizzie. Also find out more about what is going on in HCAW

2:00pm-2:45pm What do you think is important in keeping Merton safe? Let's respond to Safer Merton's consultation around community safety

3:00pm-4:00pm Christmas Card Making workshop – Come along and create Christmas cards. All materials will be provided. You can take these homes or donate them to Merton CIL. We will use these to help with fundraising over the festive period.

November: Direct Payments and DIY Christmas Gifts

1:00pm-2:45pm Direct Payments with our Community Care Senior Caseworker Karly – Come along with questions and find out more about Direct Payments.

3:00pm -4:00pm DIY Christmas Gifts with Volunteer Rhianne. You can also continue to make Christmas cards

December: Christmas Wreath Making Workshop and Meet the Caseworkers to discuss benefits

Christmas wreath making session with Member Alison Williams

Meet the Caseworkers – Pippa and Nick to come along to discuss issues you are currently facing and get an understanding of benefits

Due to our relocation December's group will be held at Commonsides, New Horizons, South Lodge Avenue, Pollards Hill, CR4 1LT

Hate Crime Awareness Week 2019

Date: Monday 14th October 2019

Time: 10am-1pm

Venue: Merton College, London Rd, Morden, Surrey SM4 5QX

There will be a number of pop up events around Merton throughout hate crime awareness week. These will be announced soon. Please keep an eye on our website and social media for more information.

Hate Crime Advice Surgery

Tell MAMA, Safer Merton and partners invite you to
A HATE CRIME ADVICE SURGERY
 hosted by Merton Council.






The surgeries will run on the second Tuesday of every month from 1:00pm to 2:00pm.

A safe space for discussing hate crime and reporting anonymously.
 Members of the public can drop in for advice with no appointment necessary.

1:00PM - 2:00PM

TUESDAY	9 TH July	2019
TUESDAY	6 TH August	2019
TUESDAY	10 TH September	2019
TUESDAY	8 TH October	2019
TUESDAY	12 TH November	2019
TUESDAY	10 TH December	2019

MERTON CIVIC CENTRE,
 LONDON ROAD,
 MORDEN SM4 5DX

The date for the next Hate Crime Advice Surgery is Tuesday 3 September, from 1 to 2pm. Come along and speak to our hate crime caseworker Lizzie Wilson and Tell Mama. The advice surgery is for anyone who wants to learn more about hate crime or if they want to report it.

Merton CIL's 2019 Annual General Meeting

Date: Wednesday 6th November 2019

Time: 11am-1pm

Venue: The Morden Assembly Hall, 228 Tudor Dr, Morden, Surrey, SM4 4PQ

Please hold the date and keep an eye out for more information on the event and what will take place.

External Events

Have your say on Merton's Carers Strategy

Date: Tuesday 17th September

Time: 10:00am – 12:00pm

Venue: Leyton Road Centre, 21 Leyton Road, Colliers Wood, SW19 1DJ

Come along & discuss what works well & what could be improved in Merton's offer to carers of children, young people & adults with disabilities. Share your

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views & experiences of caring in Merton & identify the most important areas the strategy should focus on in terms of developing local services.

Please book ahead for all events to guarantee your place
kf.admin@mertonmencap.org.uk or af.admin@mertonmencap.org.uk

Merton Vision - Low Vision Drop-in Day

Date: Tuesday 17th September

Time: 10:00am - 2:30pm

Venue: Guardian Centre, 67 Clarendon Road, Colliers Wood, London SW19 2DX

Explore the latest products and technologies for blind and partially sighted people

For more information call Dolphin Computer Access: 01905 754 577

Mitcham Heritage Day

Date: 14 September 2019

Time: From 10am

Venue: Cricket Green Ward – Please see map below

Enjoy a day of experiences, visits, tours, exhibitions, and more at Mitcham Heritage Day, and discover just some of the great heritage our area has to offer.

Everything is free. There are refreshments at many venues.

SATURDAY 14TH SEPTEMBER 2019

1 MITCHAM BOWLING CLUB
11.00-13.00
 This mixed bowling club was established in 1930. Try your hand at bowling. Club members on hand to show you the basics. Please wear flat shoes. There is a league match in the afternoon. Spectators are welcome. Seats available at rink side.

2 CRICKET GREEN SCHOOL
10.00-16.30
 Built on the grounds of 14th Century Hall Place, of which only the Grade II listed arch remains. School grounds open to allow viewing of the arch.

3 MARY TATE COTTAGES
15.00-16.30 Refreshments from 15.00
 Grade II listed. Built in 1829. Donated by Miss Mary Tate to accommodate twelve poor widows or spinsters of the parish who were expected to behave "civilly and live orderly and religious lives." This included regular attendance at church. A parade of womenfolk, dressed in long woollen capes, became a regular sight on the road to and from daily service.
Timed Event: 15.30 Deputy Mayor of Merton unveils new garden ornament to commemorate the 190th anniversary of the cottages.

4 FORMER THREE KINGS PUB
10.00-16.00 Refreshments
 Built in 1928 by the Poluskis, a family of music hall artistes, the current building replaced an earlier pub. It fell into disrepair, and was restored and converted into offices by M3 in 2014. Find out about the stars who passed through its doors, and what the pub is used for now.
Exhibition: Mitcham History Nuggets. A wide range of Mitcham related points of interest. Originally produced by Mitcham History Notes for Mitcham Cricket Green Community & Heritage.
Exhibition: Materials from the archive of the Old Mitchamians of Mitcham County Grammar school for boys. Old boys will be present.

5 MITCHAM CRICKET CLUB
10.30-16.00 Refreshments
 Reputedly the oldest continuously used cricket ground in the world - since 1685. The balcony of the Edwardian pavilion, opened in 1904, offers great views across the Cricket Green. Merton's first Asset of Community Value.
Exhibition: Celebrating the Centenary of the Mitcham CC match against the Australian Imperial Forces Touring Team including player profiles.
Timed Events: 12.00 Guided boundary walk on cricket history of the Green. From 11.00 Exhibition cricket match. An Australian side will play Mitcham Cricket Club to commemorate the centenary of the match against the Australian Imperial Forces Touring Team which took place on 13th September 1919.

MITCHAM HERITAGE DAY

For last minute additions and alterations check
www.mitchamcricketgreen.org.uk
 Twitter: @MitchamCrktGrn

6 MITCHAM PARISH CHURCH
10.00-16.30 Refreshments
 Grade II* listed. On the site of churches since before 1170, this brick and stucco building, begun in 1819, is the best example of George Smith's 'Gothic Perpendicular' architecture. Evidence of the Norman church at base of bell tower (housing eight bells). Fine monuments some from previous buildings. Victorian stained glass windows.
Exhibition: Memories of Mitcham. A display combining images from the Merton Memories collection with reminiscences of local people.
Exhibition: From Green to Green. An illustrated guide to sites of interest near Cricket Green and Fair Green, Mitcham.
Timed Events: 11.00, 15.00 guided tours of historic graveyard with notable headstones / tombs. 10.30-12.00, 13.00-14.30 bell-ringing chamber open with demonstrations. Access via tight spiral staircase.

7 MITCHAM CRICKET GREEN COMMUNITY & HERITAGE
 The civic society for Mitcham Cricket Green Conservation Area and its environs. Organisers of Mitcham Heritage Day. More at www.mitchamcricketgreen.org.uk
Timed Event: 14.00 Golden Jubilee Walk. Visit some of the favourite things in Cricket Green Conservation Area as part of the 50th Anniversary celebrations. Meet on cricket ground opposite cricket pavilion.

8 MITCHAM METHODIST CHURCH
10.00-16.30 Refreshments
 A rare example of a post WW2 Grade II listed church. The building was designed by the architect Edward Mills (1915-1998) and built in 1958-9.
Timed Events: 15.00-16.00 Church choir.

9 CANONS HOUSE & DOVECOTE
10.00-16.30
 Grade II* listed mansion and dovecote set in a rich and varied landscape. Recipient of Lottery funding which will restore the house and landscape over the next three years. The Canons House will not be open. Craft demonstrations and workshops throughout the day.
Exhibition: Canons in View. Photography and art by local primary school children interpreting the area through art.

10 SAINTS PETER & PAUL CATHOLIC CHURCH
11.30-16.00 Refreshments
 Designed by distinguished church architect F.W. Walters, built in 1889, sympathetically extended in 1938 and internally re-ordered in about 1970 after the second Vatican Council.
Timed Events: 12.00, 13.00, 14.00, 15.00 guided tours of the church including a visit to the Grotto in the parish garden.

11 MITCHAM GOLF CLUB
11.00-13.00 Refreshments
 Established in 1924. Golf has been played on the common since 1891 when the original Princes Golf Club was an exclusive venue for London MPs and the privileged few of the day.
Exhibition: History of the club. Golfers dressed in historic and modern clothing. Display of hickory clubs. Access to locker rooms normally only open to members.

12 WANDLE INDUSTRIAL MUSEUM
10.00-16.30
 Founded in 1983 to preserve, store and interpret the heritage and history of the industries and people of the River Wandle. The museum is run by volunteers.
Museum highlights: Displays about the history of the River Wandle and the industries that used its power from the early corn mills to the 20th century. Displays about people associated with the Wandle, the opportunity to 'take snuff', a large scale model of the William Morris Works and smaller models of Merton Priory and the Liberty Print Works.
Exhibition: Mitcham25. To link in with the 25th anniversary of Merton Heritage Service, highlighting 25 aspects of Mitcham history.

13 MELANIE'S WALK
11.00 Meet at bus stop on Carshalton Road at Mitcham Junction railway bridge. Guided walk around green spaces of Mitcham, with visit to Mitcham Cricket Club and The Canons. 3-4 miles. No booking.

MITCHAM PARISH CHURCH
19.00 Wesssex Vocal Consort concert: Hardy & Heritage
 (tickets £10 020 8646 0666 or from the church)

020 3397 3119
info@mertoncil.org.uk
www.mertoncil.org.uk

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Talking Drums - Learn to play the drums

Date: Wednesday 14th August to 16th October

Time: 10.00am – 1.00 pm

Venue: Blessed House, 328 London Road, Cricket Green, CR4 3ND (the small bungalow next door to Citizen's Advice Bureau)

BAME VOICE will be delivering a series of twelve free drumming sessions aimed at residents aged 50 + living in East Merton & Central Tooting areas.

Modern research shows that drumming has many positive effects on your health. The sessions will include advice on your physical and mental health, opportunities for you to meet friends, feel less lonely, reduce stress as well as teach you a new skill. To Register call 0208 648 5405 or e-mail: info@bamevoice.org

Wimbledon Guild Events

LIFE AFTER LOSS
WITH TALKING THERAPIES
AT WIMBLEDON GUILD

An emotional peer support group for people 18+ who have faced bereavement

Mondays
2pm - 3.15pm
£5 weekly

Contact Sally Anderson
for an initial meeting to make
sure this is the right group
for you.

Call 020 8296 0030
or email
wellbeing@wimbledonguild.co.uk
wimbledonguild.co.uk
Registered Charity No. 200424

Wimbledon Guild

1. Life after Loss

Date: Monday Afternoons

Time: 2pm to 3.15pm

Venue: Wimbledon Guild

An emotional, peer support bereavement group for adults (18+). People who are interested will need to meet with Wimbledon Guild for an assessment to check the group would be helpful for them at this time. Cost for assessment and for the weekly group is £5 per session.

Group members would typically have experienced bereavement of someone close to them between 6 months to 2 years ago. Group members join the group and attend weekly for about 3 months (12 weeks). They are also able to stay for up to a year if that is useful for them; the minimum commitment to the group being 12 weeks.

For more information please contact Sally Anderson – via email wellbeing@wimbledonguild.co.uk or call 0208 296 0030

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1. Trip to RAF Museum, Hendon

Date: Thursday 12th September

Explore the RAF's fascinating history with free time to explore; test your flying skills or visit the War Brides exhibition. (This trip involves a lot of walking) £12 incl. transport and talk on arrival. Lunch and extra activities at own expense.

2. Dancing with Parkinson's

Date: Wednesday 18th September

A weekly sessions specially designed dance class for people living with Parkinson's. The class takes place in a warm supportive environment where participants come together to find joy, beauty and expression in movement.

3. Merton Arts Festival

Date: Saturday 28th & Sunday 29th September

Unique opportunity to discover the wealth of art and craft on our doorstep, open to the public to visit and buy a fascinating variety of art.

If interested in the above events, please call Wimbledon Guild on 0208 89460735 or alternatively email rdudson@wimbledonguild.co.uk for further information.



Film Merton presents: Andy Whittaker Guest Curator Season - Free

Director of documentary film company, Dogwoof, Andy Whittaker has chosen his favourite films for FilmMerton which are provocative and thought-provoking.

Dates & Films:

22 August – Spotlight (15) Acclaimed film which uncovers systemic abuse in Boston, USA

23 August – Man on Wire (12) Philippe Petit's 1974 high-wire walk between the Twin Towers of New York's World Trade Centre.

24 August – Foxcatcher (15) A biographical, sport, true crime drama film produced and directed by Bennett Miller.

Time: 6.45pm

Venue: Wimbledon Library, 35 Wimbledon Hill Rd, Wimbledon, London SW19 7NB

HISTORIC HASTINGS

Thursday 19th September

Join Carers Support Merton for a day trip by coach to Hastings.

There is so much to see and do, Enjoy a stroll through the old town and visit some of the quirky shops, enjoy a ride on the UK's steepest funicular railway and visit Hastings Country Park.

Hastings Museum and Art Gallery is full of amazing objects that either tell the story of Hastings or were collected by some of the fascinating people who have lived there.

Thursday is Market Day in Hastings so take the opportunity to pick up some bargains.

Contribution: £5 per person

(full cost £20 per person but thanks to a grant from Postcode Lottery through Carers Trust we have been able to subsidise this trip)

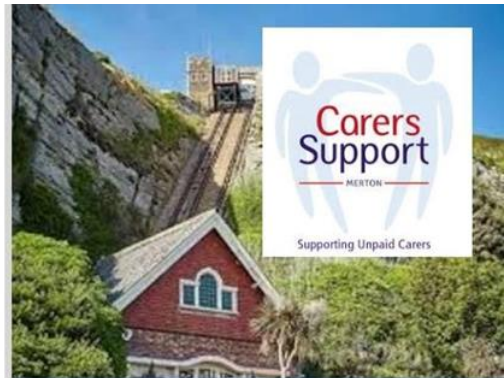
For more information and to book your place please visit our website

www.csmerton.org

call 0208 646 7515

*Please note this trip is only for the carer and those registered with Carers Support

We may not be able to run our trips and activities if we do not achieve the required level of Carer contribution. However, want our services and activities to be accessible to all carers. If you are unable to make the required contribution because you are on a means tested benefit or are suffering some other extreme financial hardship at this time please contact Nawal or Debbie to discuss in confidence.



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5. A final word

Have a go at our word search!

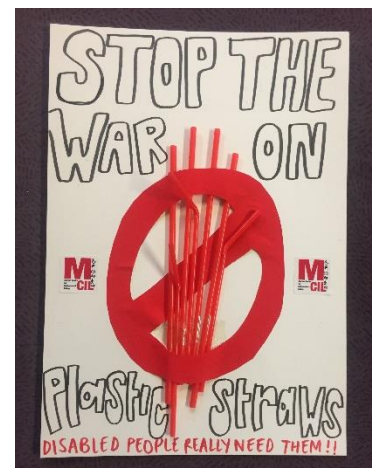
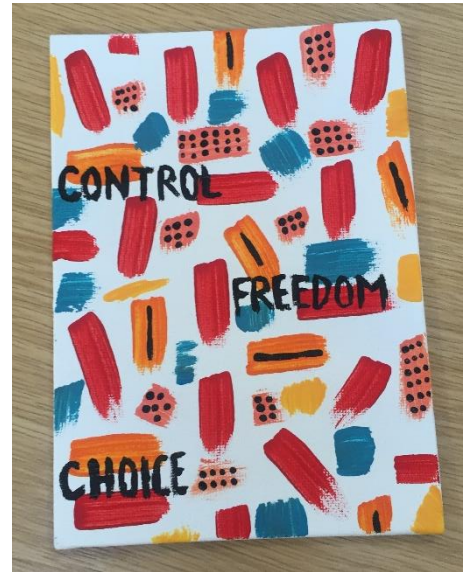
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ACCESS
 ADVICE
 CHOICE
 CONFIDENCE
 CONNECT
 CONTROL
 DISCRIMINATION

EVENTS
 LEARN
 MERTON
 SHARE
 SUPPORT
 TOOLKIT



A Year of Art Created by Craftivism and Chat Attendees



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